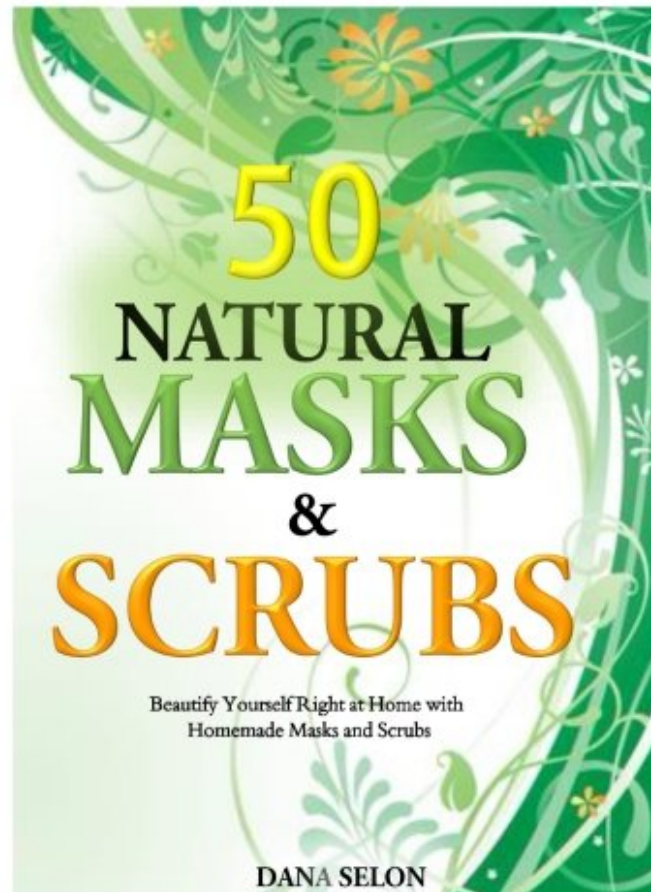


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## 50 Natural Masks and Scrubs: Beautify Yourself Right at Home with Homemade Masks and Scrubs

*Dana Selon*

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50 Natural Masks and Scrubs - Beautify Yourself Right at Home with Homemade Masks and Scrubs In this world of pollution and harmful bacteria, taking care of yourself in terms of both physical and mental health has become a must. But with the rise in cost of skincare products, it becomes literally impossible for 80% of the population to pamper and take care of themselves. This is the reason why more and more people are opting for natural, homemade products in order to achieve a healthy and glowing self. The best part about using organic, homemade skincare products is that not only are they extremely inexpensive, they are also free from all chemicals and hazardous substances. If you too have been looking for scrub and masks recipes that will make your skin shiny and soft, try going through this entire eBook. This eBook will tell you all you need to know about: a) Why skincare is important b) What are scrubs and masks? c) Recipes for 25 scrubs and 25 masks d) How you can make them using easy-to-find ingredients right at home e) What are the benefits of the recipes and the ingredients used? f) Simple process of making and storing the recipes g) Some tips and alternative ingredients you can use By the time you have completed reading this eBook, you will no longer feel the need to buy scrubs and masks from the store. You can even gift wrap them and give them to your loved ones. Trust us, they will love the effort you have put in making your very own skincare product for them! Learn how you can whip up your own masks and scrubs, right in your very own kitchen!