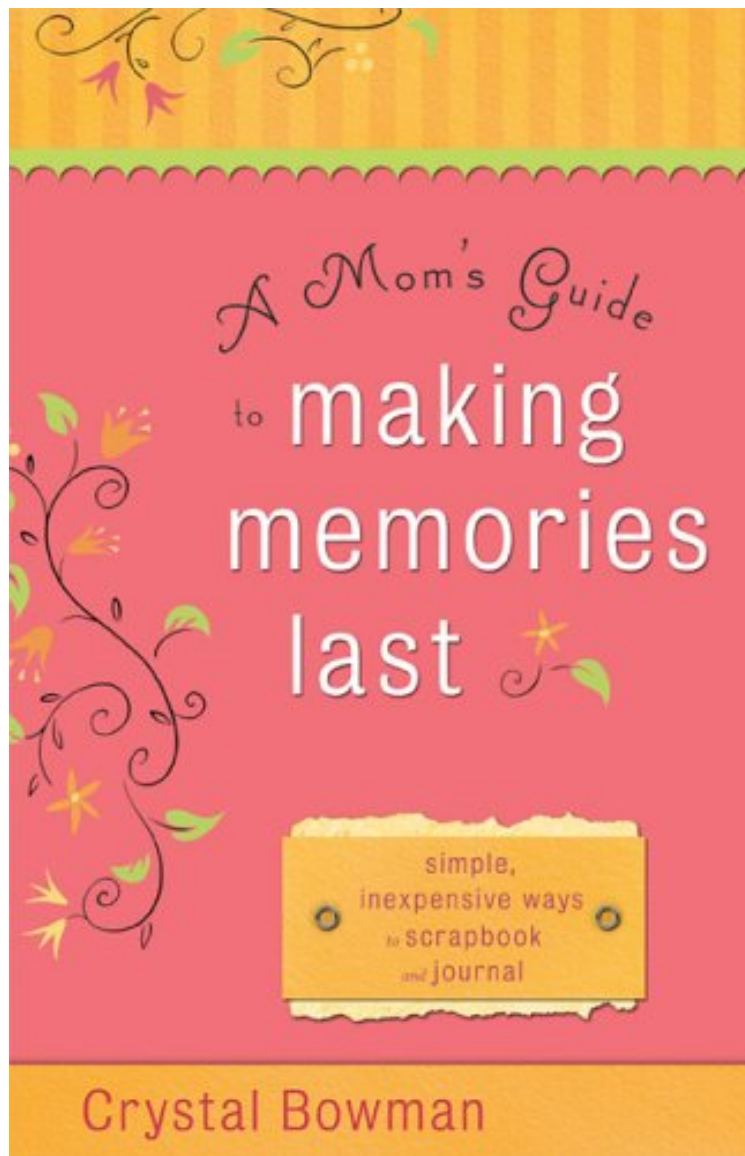


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## A Moms Guide to Making Memories Last: Simple, Inexpensive Ways to Scrapbook and Journal

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Recording cherished moments not only preserves the memory but also creates a legacy. But the scrapbooking craze of recent years doesn't work for all moms--especially when it comes to time and money. In *A Mom's Guide to Making Memories Last*, Crystal Bowman proposes a flexible, cost-effective alternative for recording special occasions. With simple, fun, inexpensive, and practical steps, Crystal shows readers how to capture a legacy on paper and turn both extraordinary and everyday happenings into keepsakes. And unlike any other author on the market, she also discusses memory-making as a spiritual practice, creating an exciting resource that will be cherished by moms, grandmas, aunts, and all creative people for years to come!