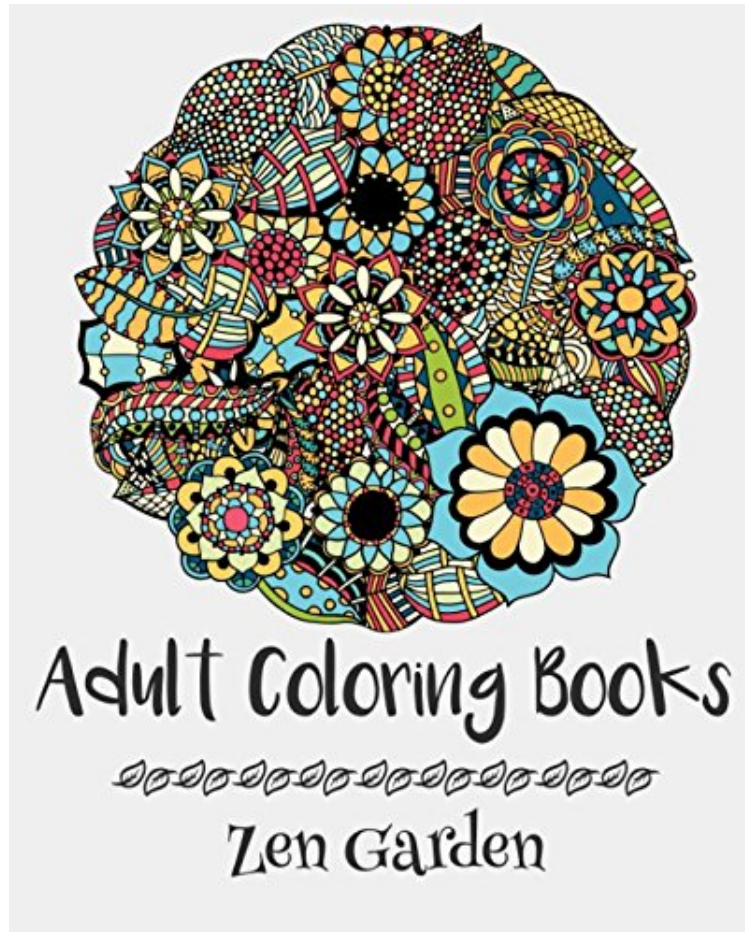


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Adult Coloring Books: Zen Garden

Emma Andrews

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2 of 2 people found the following review helpful. Beautiful Floral Coloring Art for Teens and Adults! Emma does it again! AAA+++By CarbonlordMy daughter has been hooked on coloring and one of her favorites is Emma Andrews. We purchased Emma's Christmas book Adult Coloring Books: Christmas Delight and it is spectacular! We also have the Valentine's Heart design book Adult Coloring Books: Valentine Hearts, since she loves hearts!!!!This new book by Emma, is filled to the brim with a variety of Floral Designs. Some fill the entire page and it is really nice, especially for Flower lovers.If you get the printed version, I would recommend using a safety sheet underneath, if you're going to be using markers. My daughter uses mostly pencils and the sheets are excellent for that. This one we got in the Kindle format and it includes (As all of Emma's books do) a printable Adobe PDF file.This book is page after page of beautiful flowers!!! I have included some pics for you to see some of the designs, Hope it Helps:)0 of 0 people found the following review helpful. I have always loved to colorBy M. HayesI have always loved to color, from the time I

was able to pick up a crayon until now. Long before it became a trend, I have been coloring as a way to reduce stress. I would doodle with a black pen while I was on the phone (which is what I do for work at a call center) and then after I had a page full I would fill in with colored pencils. Now that Adult Coloring Books have become a trend, I have started finding more and more books available. I was a bit skeptical about being able to print from a kindle book, but there was a PDF file included that you can print from. You can choose to print one or two or the whole book multiple times. It is a book with low resolution images of coloring pages. Once you have the PDF, you can print the images and color away! I chose to print at home on regular copier paper and color one image at a time. It's great that you can use the same design and color many different ways if you wish. I have made my daughter (she's 13) a binder with a bunch of printouts from this and several other books and a pencil pouch with coloring pencils so she can take it wherever she wants. In regards to the designs, there are many designs that vary significantly in detail and complexity. Again, I see this as a positive since if I have less time on my hands, I can do a simpler design or I can share it with nephew to color. But, if I have more time on my hands or I really want to escape and relax into some coloring meditation for a while, I can choose a more complex design. I REALLY like the idea of a PDF that can be downloaded and the flexibility it provides for lots of fun family coloring. I'll definitely be checking to see if there are any other books available by this artist in the future. *****If you found my review helpful please vote "YES" as this helps me become a better reviewer!***My review, my opinion and experience is honest and 100% genuine. . I am in no way affiliated with the developer, manufacturer or distributor of this product. 0 of 0 people found the following review helpful. Very good book good designs to choose from pdf file in ...By Lorraine F. Very good book good designs to choose from pdf file in the back makes printing so easy to do. Would get definitely get more books from this author.

Zentangle Coloring Pages Unwind and relax with Adult Coloring Books: Zen Garden. Relieve stress by coloring beautiful and tranquil pages decorated with flowers, floral patterns, leaves, and plants. The pages in this coloring book for adults can be enjoyed by all ages! 50 coloring sheets of different complexity and detail will keep you entertained for hours. Use markers, pen, crayons or colored pencils to create your zentangle masterpiece! Adult coloring books are taking the world by storm, offering a low-key way of managing stress and a form of entertainment at the same time. Zen Coloring Book Now you can explore your creative side with my zentangle coloring pages and make them your own! Also, these coloring pages would be wonderful for a birthday party or other social gathering. Garden Coloring Book This coloring book for adults is a great way for adults and kids of all ages to improve their motor skills, focus and creativity. Color the pages and then share them with all of your friends on social media! Zen Coloring Pages 3 reasons why you should color (even if you are a grown up): It's a great activity to relieve stress and anxiety It brings out your creativity It has self-soothing meditative benefits Garden Colouring Book Coloring books can be compared to yoga and meditation in the way they turn-down your stress response. When you focus on the activity of coloring, it has a "grounding effect." The process that creates this effect has to do with the sound of the pencil rhythmically moving back-and-forth on the page, the gentle pressure of the coloring instrument (pen, marker or pencil) on the page, and even the soft texture of the paper gliding under your hand. Buy This Adult Coloring Book Today and Start Relieving Stress and Having Fun!