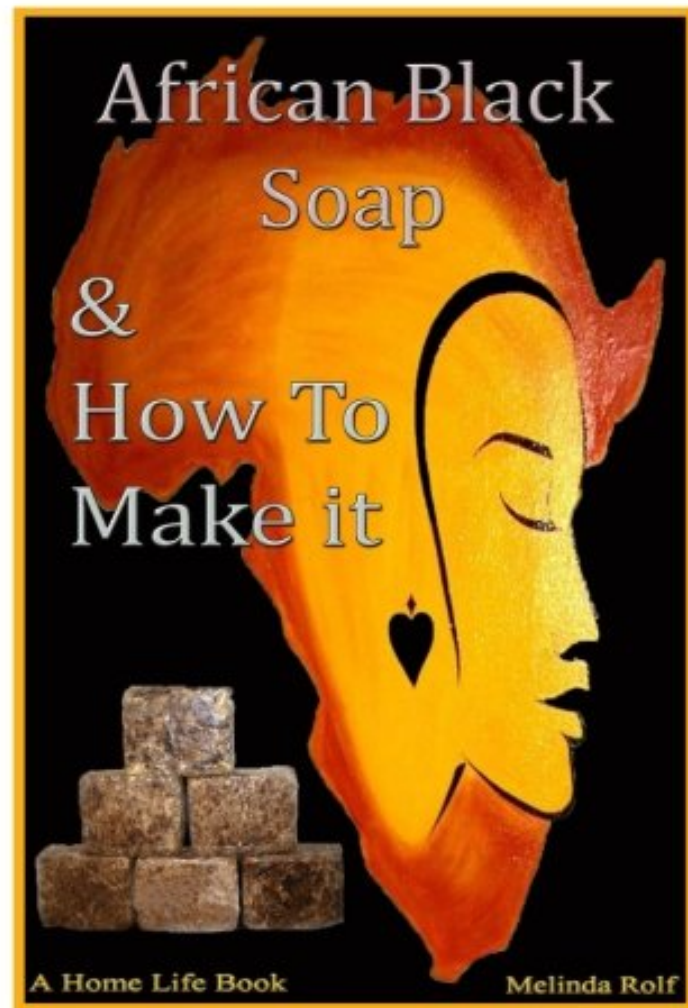


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African Black Soap How to Make It: A Complete Guide to African Black Soap (A Home Life Book) (Volume 5)

Melinda Rolf

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Melinda Rolf : African Black Soap How to Make It: A Complete Guide to African Black Soap (A Home Life Book) (Volume 5) before purchasing it in order to gage whether or not it would be worth my time, and all praised African Black Soap How to Make It: A Complete Guide to African Black Soap (A Home Life Book) (Volume 5):

6 of 6 people found the following review helpful. This book is completely useless for someone wanting to make black soap
By Customer
This book is completely useless for someone wanting to make black soap. Absolutely no measurements. No steps to actually turning ashes to lye nor ratio for ashes to oils. A waste of money. I usually don't leave bad reviews but this was just so useless. The information was no more useful than how to build a house.
Ingredients: Hammer, nails, wood, and saw. Make sure to put the nails in straight blah blah blah....Just so pissed!
7 of 7 people found the following review helpful. NO RECIPE AT ALL!!!!
By Customer
This is pretty much a copy/paste from a website. There isn't an actual recipe. It just says how it's done without measurements nor any in-depth guidance. Save your money and explore other books. This is a waste of money.
0 of 0 people found the following review helpful. Very, very basic information
By Pearl
This is a very quick read. The title is misleading. You can get more detailed information from blogs or even YouTube. The instructions for making the soap are very poor. It doesn't describe how much to use nor how long it takes to make the potash which is vital for soapmaking. This is more of an advertisement for their own soap.

Amazon Number 1 Best Seller
This book contains 2 recipes on how to make your own African black soap and how to make your own liquid African black soap.
African Black Soap is one of nature's best kept secrets and now you can learn how to make your own. This amazing soap contains more health and skin benefits than most of the products on the market today. Made from plantain skins and cocoa-pod powder, It is a natural source of vitamin A , E and iron
When African black soap is in its raw form and used as part of your daily beauty regime, you will soon discover that...
* African black soap can protect your skin from free radical damage (aging, wrinkles, and facial lines) as it contains antioxidants * Because it contains ashes, African lack soap makes a wonderful exfoliant. It will help remove dry dead skin and will soften and rejuvenate rough skin. * If inflammation and skin irritations are an issue for you, African black soap will sooth irritated skin, helping to relieve dry patches, rashes and red areas. * People who have used African black soap to help with acne have noticed it clears skin, erases blackheads and even helps with psoriasis and eczema. * It will help to firms and tones your skin and improve your skin texture. You will notice a more supple and glowing skin. * African black will help to alleviate brown spots and discolorations. * African black soap has antibacterial and anti-fungal properties which will help with deep skin cleansing. * African black soap is not just for the ladies. Many men use it for shaving as it contains Shea butter content, which helps protect the skin. * It is considered a support program for African countries. Since they hardly do any export to the world and this product is a major boost up in economic and traditional values of those member countries. * It is extremely beneficial in controlling oily skin when Shea butter is added. Shea butter acts as a supreme agent in controlling oily skin. Users have often mentioned that after applying this soap, their skin develops a healthy glow. * It has no harsh chemicals in the ingredients which results in your skin being gentle soft and clear. And don't forget the "feel good" factor. Your skin will feel delicious after having a shower or bath with it. * It helps in prevent premature facial lines as it contains vitamins A and E. Vitamin A and E help to moisturize the skin and make it feel fresh. The ingredients also help in moisturizing dry scalps and avoid itchiness. * Using African black soap as a hair product also results in managing dandruff problems. * African black soap has also been seen to cure ring worm, measles, skin rashes and body odors.
Get this book today so you can make your own African black soap liquid African black soap and and you will soon start to notice just how wonderful your skin can feel.