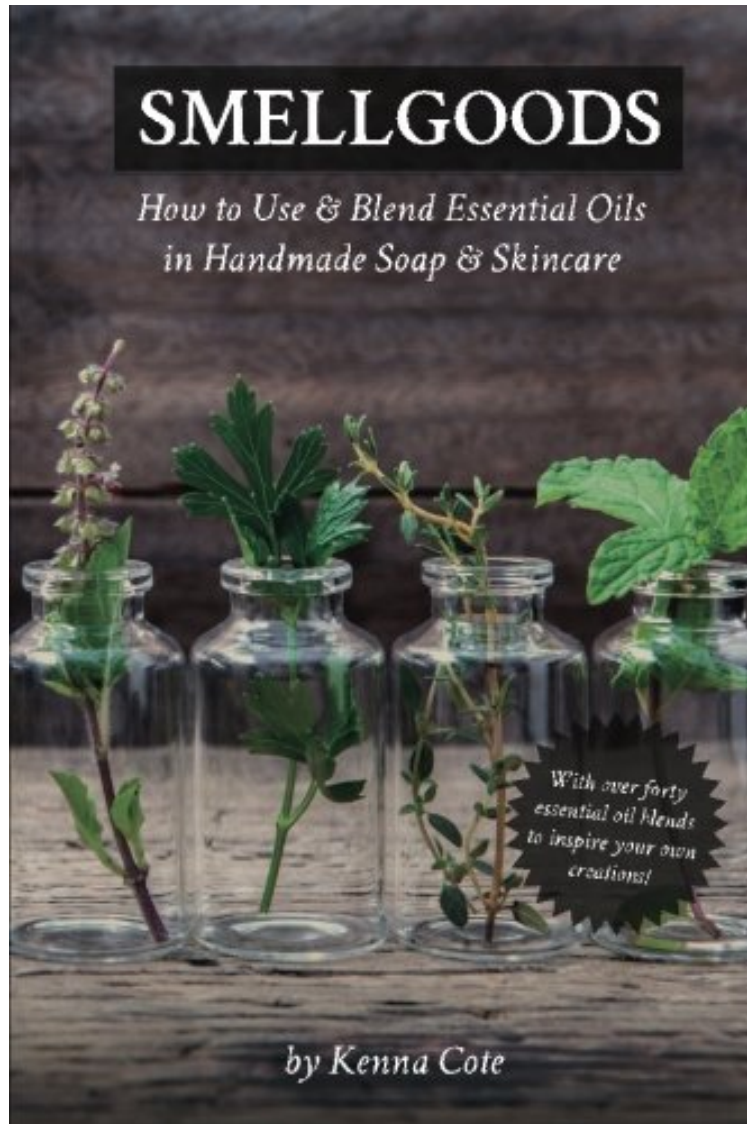


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Smellgoods: How to Use Blend Essential Oils in Handmade Soap Skincare

Kendra A Cote

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good book0 of 0 people found the following review helpful. Four StarsBy CustomerGood information. Very Detailed0 of 1 people found the following review helpful. Exactly what I was looking for!!By 64BakerStreetI have been searching a for a guide to using essential oils to safely scent soap and other skincare products. I want to stay away from synthetic fragrances as much as possible by using EOs but I didn't know where to start. This book is exactly what I was looking for. I'm skeptical about the health benefits of EOs, and the author doesn't make any. This isn't an aromatherapy book, and she is very clear about that. While the benefits may not be supported by science yet, EOs can be dangerous if used incorrectly. The author covers safety and explains how to formulate your own scents as well as providing recipes. She also provides links to online resources such as EO distributors (One of which was only a few miles from my home and I may never have found them if it were not for her list!). I'm looking forward to trying the recipes and creating some of my own. Highly recommended.

Natural skincare is brought to life through fragrance, and the most pure fragrances available, essential oils, can lend vibrancy and luxury to any product. With the help of author Kenna Cote, its simple to incorporate essential oils into your own handmade soap and skincare. This guide explores how to use essential oils in handmade bath and body products, starting with understanding how essential oils are made, how to safely store and handle them, and how to determine proper usage rates in your formulas. Begin with a simple collection of recommended essentials oils and follow the practical and easy to follow exercises that will lead you to creating your own unique, beautiful, and complex aromas for your handmade creations. "This is the book that I never realized I needed until I read it. All information in one place, concise and easy to follow a must for every soapers bookshelf." Jo Haslauer, Skin Trip "Finally!! This is a resource that has been sorely needed in the soapmaking and handcrafted community. Kenna demystifies not only the safe handling and usage of essential oils, but also how to create beautiful blends to enhance natural body care products. I love how the book is broken down into easy-to-read sections with examples and formulas that anyone who knows how to formulate can figure out. I wish I had known half of this information when I first started making soap!" Amy Warden, Great Cakes Soapworks Soap Challenge Club "In this book, Kenna delivers her unparalleled and informative take on essential oils; whether you are a new soap maker or seasoned crafter, there is valuable content for you. This is a must read for anyone who uses essential oils in their products." Preston Tillotson, Sudz by Studz Gratitude Soapery

About the AuthorOver the last decade, Kenna has gone from being a soapmaker and skincare formulator who made products in her own kitchen, to the owner of two successful soap and skincare companies. Today, she can be found teaching and consulting in the handmade soap and skincare industry. She is the founder of Modern Soapmaking, a virtual soapmakers playground, that can be found at modernsoapmaking.com.